

5. ODPRTO DRŽAVNO
**PRVENSTVO V
POWERLIFTINGU**
(klasični powerlifting in potisk s prsi)

30. marec 2019
dvorana Cirkovce, občina Kidričevo



5. odprto državno prvenstvo PLZS
Skupni razvrstitvi - powerlifting
30. marec 2019, Cirkovce

ŽENSKE																			
Mesto	Tekmovalec	Klub	Št.	Teža	Kat	Starost	SQ-1	SQ-2	SQ-3	Sq.	BP-1	BP-2	BP-3	Sub-Tot	DL-1	DL-2	DL-3	TOTAL	IPF toč.
1.	Železnik Nuša	POL	7	71,56	J-72	19	147,5	157,5	164,5 ^{DR}	164,5	80,0	85,0	-88,5	249,5	157,5	170,0	180,0 ^{DR}	429,5 ^{DR}	703,107
2.	Rutar Anja	NMZ	4	68,30	J-72	32	97,5	105,0	110,0	110,0	45,0	50,0	-52,5	160,0	120,0	130,0	137,5	297,5	494,805
3.	Polc Ines	THOR	1	61,70	SJ-63	18	90,0	95,0	102,5	102,5	40,0	45,0	47,5	150,0	95,0	100,0	105,0	255,0	440,806
4.	Plemeniti Dušanka	OLI	6	95,08	M3-84+	63	-75,0	75,0 ^{DR}	80,0 ^{DR}	80,0	45,0 ^{DR}	50,0 ^{DR}	52,5 ^{DR}	132,5	-100,0	100,0 ^{DR}	110,0 ^{DR}	242,5 ^{DR}	358,756
5.	Klofutar Iva	NMZ	3	61,76	J-63	20	75,0	-80,0	-80,0	75,0	35,0	40,0	-42,5	115,0	65,0	70,0	-75,0	185,0	314,550

MOŠKI

Mesto	Tekmovalec	Klub	Št.	Teža	Kat.	Starost	SQ-1	SQ-2	SQ-3	Sq.	BP-1	BP-2	BP-3	Sub-Tot	DL-1	DL-2	DL-3	TOTAL	IPF toč.
1.	Rus Jure	NMZ	9	82,60	O-83	28	230,0	245,0	255,0	255,0	150,0	157,5	165,5 ^{DR}	420,5	260,0	280,0	300,0	720,5	735,712
2.	Leskovar Vid (DT)	THOR	20	90,95	O-93	23	250,0	262,5	275,0 ^{DR}	275,0	-145,0	150,0	157,5	432,5	287,5	305,0	318,0 ^{DR}	750,5 ^{DR}	722,803
3.	Mur Urban	NMZ	8	81,28	O-83	26	215,0	227,5	235,0	235,0	150,0	160,0	-166,0	395,0	220,0	242,5	255,0	650,0	662,715
4.	Sešel Domen (DT)	THOR	19	103,58	O-105	24	255,0	270,0 ^{DR}	280,0 ^{DR}	280,0	147,5	155,0	160,0	440,0	285,0	300,0	-307,5	740,0 ^{DR}	656,393
5.	Drenovec Tim	KAR	20	103,46	J-105	21	242,5	255,0	265,0 ^{DR}	265,0	127,5	135,0	142,5	407,5	282,5	300,0 ^{DR}	-310,0	707,5 ^{DR}	624,284
6.	Hren Matic	THOR	18	109,98	O-120	25	240,0	252,5	-260,0	252,5	162,5	172,5 ^{DR}	-180,0	425,0	270,0	285,0	300,0 ^{DR}	725,0 ^{DR}	618,919
7.	Šinkovec Jože	OLI	10	81,30	J-83	21	210,0	-220,0	225,0	225,0	110,0	120,0	127,5	352,5	240,0	255,0	-260,0	607,5	613,735
8.	Božič Primož	NMZ	16	91,50	O-93	29	207,5	-222,5	225,0	225,0	150,0	155,0	160,0	385,0	230,0	247,5	265,0	650,0	612,263
9.	Prijanovič Tomaž	KAR	7	72,48	O-74	26	195,0	205,0	-212,5	205,0	130,0	135,0	-137,5	340,0	200,0	210,0	220,0	560,0	607,707
10.	Kovačič Tadej	NMZ	21	115,56	O-120	27	260,0	270,0	280,0 ^{DR}	280,0	150,0	-155,0	155,0	435,0	270,0	280,0	-285,0	715,0	591,944
11.	Šober Matej	NMZ	14	90,52	O-93	28	210,0	220,0	225,0	225,0	157,5	165,0	-170,0	390,0	200,0	230,0	-250,0	620,0	584,198
12.	Martinovič Aleksander	POL	12	89,64	O-93	28	190,0	200,0	210,0	210,0	135,0	145,0	-150,0	355,0	230,0	240,0	-250,0	595,0	560,841
13.	Kar Rok	THOR	17	98,22	O-105	26	210,0	220,0	230,0	230,0	135,0	-140,0	-145,0	365,0	260,0	-275,0	-275,0	625,0	559,442
14.	Kurbašič Azur	OSK	18	98,72	J-105	20	220,0	230,0	-237,5	230,0	120,0	-130,0	-130,0	350,0	255,0	265,0	-275,0	615,0	547,378
15.	Brezic Urban	OSK	10	90,10	O-93	25	-190,0	200,0	205,0	205,0	117,5	122,5	125,0	330,0	222,5	232,5	242,5	572,5	534,601
16.	Pegam Žiga	KAR	3	73,16	O-74	24	175,0	185,0	-190,0	185,0	107,5	110,0	-112,5	295,0	187,5	195,0	205,0	500,0	529,731
17.	Pavlin Nejc	NMZ	5	78,02	O-83	25	170,0	180,0	190,0	190,0	102,5	107,5	-112,5	297,5	205,0	217,5	-230,0	515,0	522,656
18.	Kozar Žan	POL	6	81,18	O-83	28	175,0	-180,0	185,0	185,0	105,0	112,5	120,0	305,0	200,0	212,5	222,5	527,5	522,295
19.	Jalšovec Luka	NMZ	15	103,32	O-105	30	215,0	-225,0	-225,0	215,0	-145,0	-145,0	145,0	360,0	225,0	235,0	245,0	605,0	522,011
20.	Rus Nejc	NMZ	7	69,72	SJ-74	17	160,0	170,0 ^{KR}	177,5 ^{KR}	177,5	100,0	105,0	110,0 ^{KR}	287,5	170,0	182,5	190,0 ^{KR}	477,5 ^{KR}	521,132
21.	Djurić Daniel	KAR	17	90,10	J-93	22	175,0	190,0	200,0	200,0	120,0	130,0	135,0	335,0	195,0	205,0	215,0	550,0	510,260
22.	Gajser Lan (DT)	THOR	11	90,96	SJ-93	18	180,0	195,0	202,5 ^{KR}	202,5	110,0	122,5	130,5 ^{KR}	333,0	200,0	220,0	-230,5	553,0 ^{KR}	510,257
23.	Bobnar Matic	KAR	6	73,14	J-74	19	167,5	177,5	180,0	180,0	110,0	-115,0	-115,0	290,0	170,0	185,0	190,0	480,0	505,253

24.	Krč Nejc	KAR	16	87,60	J-93	23	172,5	185,0	190,0	190,0	115,0	120,0	125,0	315,0	195,0	210,0	220,0	535,0	503,548
25.	Varžič Blaž	THOR	11	91,04	O-93	26	185,0	195,0	-200,0	195,0	120,0	130,0	-135,0	325,0	210,0	220,0	-227,5	545,0	501,355
26.	Gerželj Urban	OSK	2	81,48	O-83	26	165,0	175,0	-180,0	175,0	125,0	130,0	132,5	307,5	190,0	197,5	200,0	507,5	497,963
27.	Cvelbar Gorazd	NMZ	4	76,70	O-83	28	-165,0	165,0	180,0	180,0	105,0	112,5	115,0	295,0	180,0	190,0	-192,5	485,0	493,451
28.	Žabkar Žiga	THOR	13	91,16	J-93	22	192,5	202,5	210,0	210,0	100,0	107,5	-112,5	317,5	200,0	210,0	215,0	532,5	487,482
29.	Rebolj Nejc	OLI	14	91,20	J-93	20	180,0	192,5	200,0	200,0	110,0	115,0	120,0	320,0	190,0	200,0	210,0	530,0	484,653
30.	Šoba Miha	THOR	15	100,04	J-105	20	182,5	195,0	205,0	205,0	122,5	127,5	-132,5	332,5	202,5	212,5	220,0	552,5	479,055
31.	Dokl Aljoša	THOR	13	94,12	O-105	24	170,0	180,0	187,5	187,5	117,5	125,0	130,0	317,5	190,0	202,5	210,0	527,5	471,954
32.	Hadžić Edvin	POL	19	123,02	J-120+	21	220,0 ^{DR}	230,0 ^{DR}	240,0 ^{DR}	240,0	125,0 ^{DR}	132,5 ^{DR}	-135,0	372,5	-215,0	215,0 ^{DR}	232,5 ^{DR}	605,0 ^{DR}	470,400
33.	Ilec Gregor	THOR	4	63,88	J-66	21	145,0 ^{MR}	152,5 ^{MR}	-157,5	152,5	92,5 ^{MR}	97,5 ^{MR}	-102,5	250,0	140,0	150,0	-163,0	400,0 ^{MR}	454,580
34.	Emeršič Sebastjan	DTG	5	73,32	J-74	22	-107,5	110,0	125,0	125,0	107,5	110,0	120,0	245,0	150,0	160,0	165,0	410,0	418,386
35.	Kozamernik Žan	KAR	12	90,12	J-93	22	135,0	142,5	150,0	150,0	120,0	127,5	-135,0	227,5	215,0	222,5	230,0	457,5	410,129
36.	Valjavec Mark	KAR	2	78,66	J-83	19	115,0	120,0	127,5	127,5	87,5	90,0	-92,5	217,5	125,0	130,0	140,0	357,5	334,727
37.	Mohorič Rene	OLI	3	85,42	SJ-93	17	110,0	117,5	122,5	122,5	72,5	77,5	82,5	205,0	130,0	140,0	150,0	355,0	311,443
	Jurjevčič Nejc	KAR	1	55,60	O-59	26	115,0	122,5	125,0	125,0	-70,0	-70,0	-70,0	0,0	160,0	170,0	-180,0	0,0	0,000

KR= kadetski državni rekord

MR= mladinski državni rekord

DR= članski državni rekord

M3R= veteranski rekord (60-69 let)

DT=proti-dopinško testiranje

NMZ = Društvo za naravni bodybuilding

OLI = Klub dviganja uteži Olimpija Ljubljana

KAR = Klub dviganja uteži Karantanija, Kranj

OSK = Powerlifting klub Oskar&Co Postojna

DTG = Dream Team Gym, Lenart v Slovenskih Goricah

ITA = Italija

THOR = ŠD Thorium Maribor

POL = PLK Polzela