

POWERLIFTING ZVEZA SLOVENIJE -  
ZVEZA TRIATLONA MOČI

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## 2nd OPEN SLOVENIAN NATIONAL CHAMPIONSHIP IN CLASSIC POWERLIFTING AND BENCH PRESS

**Saturday, December 10<sup>th</sup> 2016,**  
**Vadbeni center Natural, Gasilska cesta 16, 1290 Grosuplje**

*All information included may change until the competition.*

**ATTENTION! IN CASE OF BIG NUMBER OF APPLICATIONS A PART OF COMPETITION WILL TAKE  
PLACE ON SUNDAY, 11<sup>TH</sup> DECEMBER.**

### FOREIGN COMPETITORS:

Foreign competitors are welcome to join us at the meet, if their national federation allows them to do so. They will compete in a separate class called »Foreigners«. Medals will be awarded to the best 3 foreign male and best 3 foreign female competitors, according to their Wilks points. The same applies for bench only competition.

### APPLICATIONS:

Applications are possible **between 17<sup>th</sup> September and 13<sup>th</sup> November** via online form. Every foreign competitor is obliged to pay the participation fee as noted below and an additional fee of 10€, which is equivalent to the annual registration fee for domestic lifters. The participation fee should be paid before the competition.

### PARTICIPATION FEE:

|  |      |
|--|------|
| Powerlifting <b>or</b> bench press (payment until and including 31.10.)  | 30€  |
| Powerlifting <b>and</b> bench press (payment until and including 31.10.) | 40€  |
| Payment after 31.10.   | +10€ |

*Should a competitor apply for both, bench press and powerlifting competitions, he/she will only perform 3 lifts in bench press, during the powerlifting competition.*

*The return of participation fee is only possible with the doctor's confirmation of inability to compete.*